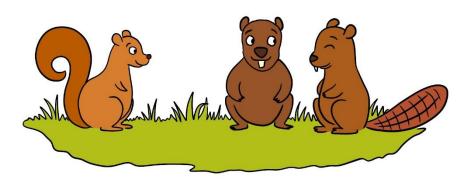
## Teach me about MASKING



Following on from the Double Empathy Problem





Being a SQUIRREL in a World designed for BEAVERS is often VERY TOUGH.

Squirrels are often taught that:

Squirrel ways are not as good as Beaver ways

They Should hide their squirrel traits and try to learn Beaver traits

It is a BEAVER'S WORLD, so...

Squirrels will never be accepted or successful while behaving like squirrels



## When a SQUIRREL hides their squirrel traits and PRETENDS to be a BEAVER, this is called



Sound Problematic yet?





## Many people think that teaching squirrels to mask is doing them a FAVOUR...



When what really happens is ...







## When SQUIRRELS are constantly encouraged to MASK, this sends them the following messages:



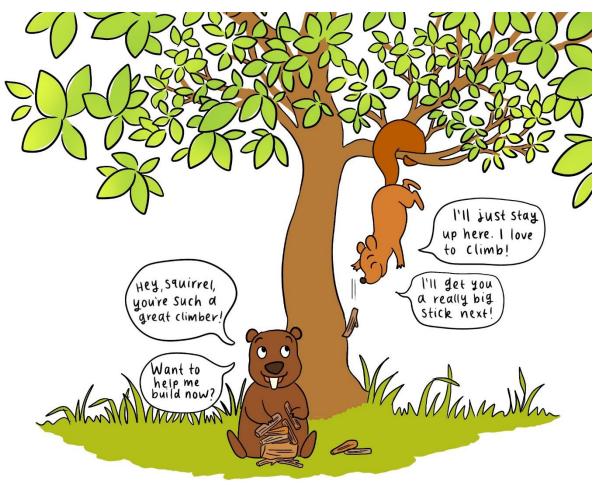


This inevitably leads to miserable, exhausted squirrels who never get the chance to be accepted or loved for who they truly are.



Our Squirrels deserve BETTER.

\* Neuro Vilde



Instead of asking Squirrels to CHANGE, how about we CHANGE our thinking that Beavers are the L'NeuroVilde

only worthwhile creatures?